

STUDENT WELLNESS POLICY

District Student Wellness/Healthy Lifestyle Goal

The Marathon School District is committed to providing a school environment that promotes, protects, and enhances children's health, well-being, and ability to learn by supporting healthy eating, regular physical activity, and other healthy lifestyle choices.

The district recognizes that children need learning opportunities that will enable them to develop the knowledge, attitudes, skills, behaviors and confidence that will keep them healthy and physically active for life. Good health improves students' attendance and performance.

To meet this goal, the district adopts this school wellness policy that will allow students the opportunities to gain knowledge and skills from the following educational programs and/or community collaboration:

- Child Nutrition Programs
- Nutrition Education
- Physical Education
- Health Education
- Community Health Services

LEGAL REF: Section 204 of Public Law 108-265

CROSS REF: Board Rule 458, Guidelines for Healthy Lifestyle Opportunities
Board Exhibit 458, Nutrition Guidelines

APPROVED: July 12, 2006
REVISED: August 8, 2007