

Directory of Referral Services for Mental Health

SPRING 2021

For areas including: Marshfield, Stevens Point,
Waupaca, Wausau, and Wisconsin Rapids

**Compiled by the Central Wisconsin Counselor
Association (CWCA) Planning Committee**

Updated by St. Michael's Mental Health Unit

ACHIEVE CENTER, INC
UACHIEVECENTER.COM

520 N 28th Avenue
Wausau, WI 54401

Phone: (715) 845-4900

Mental Health Specialist:

Areas of Expertise:

Katie Brueggen, LMFT

Experience utilizing play therapy, applied behavioral analysis, floor time, social skills, streaming, cognitive behavioral therapy, and group therapy in the treatment of children diagnosed with autism spectrum disorder, ADHD, anxiety and other developmental behavioral disorders. Katie works with children and their siblings, but also with parents offering direct observation of treatment, inclusion in the treatment process, and coaching in how to implement therapeutic strategies throughout the child's daily life children and adolescents diagnosed with autism spectrum disorder.

Mental Health Specialist:

Areas of Expertise:

Kathleen George-Bol, LPC

Experience across pediatric and adult populations. Assists people with enhancing their self-worth and belief in their ability to modify their lives and to gain the contentment which they are seeking. Assists adolescents and young adults with developing skills to navigate the challenges which life has presented. Helps young children cope with events and situations which cause them distress and to overcome anxiety and depression.

Mental Health Specialist:

Areas of Expertise:

Elizabeth Krueger, LPC

Experience with children and adolescents and with assisting families with identifying and acquiring allied services.

Mental Health Specialist:

Areas of Expertise:

Tracey Schindler, LPC

Provides evaluation for children who struggle with attention deficits, impulse control, and anxiety. Assists parents to advocate for their children and to learn parenting skills and strategies. Enjoys assisting children from diverse backgrounds.

Mental Health Specialist:

Areas of Expertise:

Bruce Wendt, LCSW, LMFT

Treatment of anxiety and attention disorders and the problems of personal identity and life choices.

Mental Health Specialist:

Areas of Expertise:

Carol Wesley, LPC, LMFT

Assists adults and children with special needs to achieve their maximum potential and to adjust to and to find accommodations for those life challenges which cannot be changed.

Mental Health Specialist:

Areas of Expertise:

Paige Buedler, MS

Play therapy and social communication to assist children on the autism spectrum. Specializes in neuropsychological developmental disorders.

Mental Health Specialist:

Areas of Expertise:

Macy Erickson, MS, CCC-SLP

Treats pediatric communication disorders with children who have diversified speech and language challenges.

Mental Health Specialist:

Areas of Expertise:

Louis Rossetti, PhD

Child Development Specialist and Speech and Language Pathologist.

Mental Health Specialist:

Areas of Expertise:

Wendy Thur, Dyslexia Specialist

Assisting children with dyslexia and other learning disabilities

Mental Health Specialist:

Areas of Expertise:

Greg J. Turunetti, MS, M.Div.

Assists individuals and families confronted with addiction issues, domestic disputes, health crisis, and the criminal justice system.

ADVOCATE PSYCHOTHERAPY SERVICE www.advocatepsychservices.com

Stevens Point Location:

3233A Business Park Drive Suite 304
Stevens Point, WI 54482

Phone: (715) 544-4435

Mental Health Specialist:

Areas of Expertise:

Kathy Berg, MA, LPC

kathy@advocatepsychotherapyservices.com

Enjoys working with women 18+ years old, as well as couples, providing faith-based therapy if desired.

Mental Health Specialist:

Areas of Expertise:

Steve Johnson, MA, LPC, NCC steve@advocatepsychotherapyservices.com

Enjoys working with teens, couples, and families.

Mental Health Specialist:

Areas of Expertise:

Sherry Howard, MSW, APSW sherry@advocatepsychotherapyservices.com

Enjoys working with children, teens, and families.

- Works in Stevens Point office as well as branches in Plainfield and Wisconsin Rapids.

Mental Health Specialist:

Areas of Expertise:

Adam Smith, MS CMHC, SAS, LPC-IT adam@advocatepsychotherapyservices.com

Works with a diverse group of clientele who have experienced trauma, substance abuse, or are referred through the justice system. He is also qualified and competent to treat clients who have concerns with trauma, abuse, addictions, anger management, PTSD, mood disorders, Schizophrenia, co-parenting, domestic violence victims, self-injurious behaviors, personality disorders, and LGBTQ+.

Mental Health Specialist:

Areas of Expertise:

Nicole Stelzer, MFT

Experience working with individuals alone or with family. Certified divorce and family mediator.

Wisconsin Rapids Location:

241-17th Ave. South
Wisconsin Rapids, WI 54494

Phone (800) 681-2374

Mental Health Specialist:

Areas of Expertise:

Sherry Howard, MSW, APSW sherry@advocatepsychotherapyservices.com

Loves working with children, teens, and families.

AFFILIATED FAMILY PSYCHIATRY OF WAUSAU

2600 Stewart Avenue, Suite 270
Wausau, WI 54401

Phone (715) 842-8600

Mental Health Specialist: Dr. Juan Fernandez, MD, Psychiatrist

ASCENSION BEHAVIORAL HEALTH

Stevens Point Location:

209 Prentice Street N, Stevens Point, WI, 54481

Phone: (715) 344-4611

Mental Health Specialist:

Areas of Expertise:

Julie Hintzman, MSW, APSW, SAC, NCGC II

Works with people with mental health issues, along with chemical and gambling addiction. She specializes in the area of domestic violence, working with survivors and offenders. She also offers Christian counseling.

Mental Health Specialist:

Areas of Expertise:

Dr. Ron Matthew, Ph.D

Can help people with mental health and substance abuse issues. provides marriage and family counseling. Has specialized training in assessing and treating people who have survived trauma. He has extensive training in conducting forensic evaluations for the justice system.

Mental Health Specialist:

Areas of Expertise:

Wade Rasmussen, LPC, MA

Specializes in both mental health and substance use. Treats individuals 10 years old and up. Grief work. Assisting clients improve self-concept, self-esteem, improve life skills mastery.

Mental Health Specialist:

Areas of Expertise:

Jeff Janikowski, CSAC

Specializes in addiction, substance use disorders, process addictions. Spiritual Distress. 12 Step Recovery Experience and Smart Recovery. Wellbriety.

Waupaca Location:

190 Grand Seasons Drive, Waupaca, WI 54981

Phone: (715) 258-8459

Mental Health Specialist:

Area of Expertise:

Teresa Taylor, MSE, LPC, CSAC, ICS

Specializes in helping people improve their communication skills by using direct honesty. She can help people develop effective coping skills.

Mental Health Specialist:

Areas of Expertise:

Wade Rasmussen, LPC, MA

Specializes in both mental health and substance use. Treats individuals 10 years old and up. Grief work. Assisting clients improve self-concept, self-esteem and improve life skills mastery.

ASCENSION MEDICAL GROUP (MMG) PSYCHIATRY

3398 E. Maria Drive, Stevens Point, WI, 54481

Phone: (715) 341-7441

Mental Health Specialist:

Areas of Expertise:

Ed Buda, Ph.D

Outpatient, individual, group, and family psychotherapy, behavior modification, children, adolescents and their families, psychological/intellectual/neurodevelopmental assessments, testing of patients ages 5+, neuro-feedback for ADHD and anxiety disorders

Mental Health Specialist:

Areas of Expertise:

Bababo O. Opaneye, MD

Practice is centered on giving power back to the patient through restoration of hope and confidence utilizing evidence-based psychotherapy and psychodynamics. Providing general psychiatry to clients 18-60 years old

Mental Health Specialist:

Areas of Expertise:

Pam Beyer, PsyD

Children and adolescent issues, individual, group and family psychotherapy, psychological and intellectual assessments, testing of patients ages 5+.

Mental Health Specialist:

Areas of Expertise:

Cheryl Holmes, D.C.S.W.

Works with individuals, couples, families, and groups 14 years and older. She specializes in phobias, anxieties, eating disorders, incest survivors, sexual dysfunction, stress management, depression, and dysfunctional families.

Mental Health Specialist:

Areas of Expertise:

Victoria Weller, LPC

Children and adolescents, parent training and stress reduction groups, interpersonal relationship difficulties, depression, sexual abuse issues, trauma and anxiety disorders, emphasis on cognitive-behavioral interventions.

Mental Health Specialist:

Areas of Expertise:

Jacqueline Bienek, PsyD

Adults with emphasis on cognitive-behavioral and insight-oriented modalities, psychotic disorders, mood disorders, substance abuse disorders, personality disorders.

Mental Health Specialist:

Areas of Expertise:

Lisa Huber, PsyD

Psychological testing, individual psychotherapy for adolescents and adults, couples and family psychotherapy, mood and anxiety disorders, OCD, panic disorders, emphasis on cognitive-behavioral therapy, sexual trauma/abuse, interpersonal difficulties and transitional issues of both adolescence and adulthood.

Mental Health Specialist:

Areas of Expertise:

Julie Schneider, MS, LPC

Specializes in therapy with children and adolescents. She provides therapy for behavioral problems, anxiety, depression, oppositional defiant disorder, interpersonal relationship struggles and transitional concerns.

Mental Health Specialist:

Areas of Expertise:

Jeffrey Willems, PhD

Provides individual psychotherapy to adults presenting with a variety of mental health concerns. He specializes in the treating anxiety disorders, with and emphasis in cognitive-behavioral therapy. He has experience in empirically-based interventions for the treatment of PTSD.

Mental Health Specialist:

Areas of Expertise:

Randall Abmrosius, MSW, CADCIH, LCSW

Specializes in working with individuals who suffer from depression and anxiety and co-occurring disorders. Ages (5-95)

Mental Health Specialist:

Areas of Expertise:

Julie Schneider, MS, LPC

Works with children 12 years and up, adults, and families. Specializes in anxiety, depression, mental illness, relational conflicts, trauma, substance abuse, and stress.

Mental Health Specialist:

Areas of Expertise:

Tanya A. Simonis, Ph.D, LMFT

Works with children aged 8 and up, families, couples, and individuals. She specializes in family distress, relationship conflicts, childhood trauma, veterans, LGBTQ+, and minorities.

ASSOCIATED EMPLOYEE ASSISTANCE SERVICES

legacy.ministryhealth.org/maeas/home.htm

Offices are in Plover, Wisconsin Rapids, Marshfield, Wausau, Weston and northern counties.

They do not provide outpatient therapy beyond the scope of EAP.

Plover Location:

1820 Post Road #5, Plover, WI, 54467

Phone: (715) 344-6379

Mental Health Specialists:

Karen Genisot, LPC

Mary Mattes, LPC

Wisconsin Rapids Location:

2811 8th Street S. #80, Wisconsin Rapids, WI, 54494

Phone: (715) 421-3839

Mental Health Specialist:

Lynn Meinders, MSW

Karen Genisot, LPC

ASPIRUS RIVERVIEW BEHAVIORAL HEALTH

Wisconsin Rapids Location

420 Dewy Street
Wisconsin Rapids, WI 54494

Phone: (715) 422-9319

Mental Health Specialist:

Christian DeGregorio, MD

Areas of Expertise:

Counseling, psychiatry.

Mental Health Specialist:

Sylvia Dennison, MD, FAPA

Areas of Expertise:

Addiction Psychiatry

Mental Health Specialist:

Sandy Holmes, MS, LPC, CSAC

Areas of Expertise:

Chemical dependency counseling.

Mental Health Specialist:

Craig Rasmussen, MA, LCSW

Mental Health Specialist:

Glenn Zipperer, MS, LCSW, ICS, CSAC

Mental Health Specialist:

Marleen Bryan, APNP

Mental Health Specialist:

Kathy Russeth, MD

Mental Health Specialist:

Jodi L. Space, APNP

Mental Health Specialist:

Shirin Sultana, MD

BEHAVIORAL HEALTH CLINIC

www.bhcwausau.com

Wausau Location:

630 S. 36th Avenue,
Wausau, WI 54401

E-Mail: appointments@bhcwausau.com

Phone: (715)842-9500

Fax: (715) 848-0425

Plover Location:

1840 Post Road Suite 2
Plover, WI 54467

Phone: (715)544-6144

Fax: (715)544-4599

Mental Health Specialist:

Areas of Expertise:

Rachel Eifert, MS, LPC, CSAC, CS-IT (Plover)

She is skilled in working with those in the criminal justice system, in treatment courts, in medication assisted treatment programs and treating adults with both mental health and substance abuse issues. She enjoys working with couples and families.

Mental Health Specialist:

Areas of Expertise:

Rachel Sheldon, MA, LPC, NCC (Wausau)

Provides individual counseling to children and adults ages 5 and up. She also provides couples counseling, family therapy, and group counseling. She has specialized training in trauma recovery, whole health (physical and mental wellness), eating disorders, adjustment issues, and working with children, adolescents, and young adults.

Mental Health Specialist:

Areas of Expertise:

Rachel Zentner, MSE, LPC, SAS (Wausau)

Psychotherapy for individuals and couples. Trauma (as defined by the client), somatic experiencing/healing, anxiety and fear, depression and other mood disorders, adjustment issues, relational issues, self-esteem issues, and marriage.

Mental Health Specialist:

Areas of Expertise:

Amy Gray, MS, LPC-IT, SAC-IT (Wausau/Plover)

Experience working with attachment/relational conflict, anxiety, depression, trauma, disrupted eating patterns/eating disorders, addiction, substance abuse, and LGBTQ+ populations.

Mental Health Specialist:

Areas of Expertise:

Emily Lindberg, MS, LPC-IT (Wausau/Plover)

Experience working with children and adolescents with a variety of symptoms and diagnoses including, trauma and behavioral concerns. She sees clients ages 3 and up, individually. She also offers family and group counseling.

Mental Health Specialist:

Areas of Expertise:

Erinn McCabe, LPC, SAS (Wausau/Plover)

She provides individual, family, and couples therapy to address issues including, anxiety, depression, relationship issues, LGBT struggles, parenting concerns, abuse and other trauma history, grief and loss, substance abuse, and other mental health concerns.

Mental Health Specialist:

Areas of Expertise:

Shannon Huff, E.d.S. (Plover/Wausau)

Experience in conducting psycho-educational evaluations and providing feedback recommendations to families as well as teachers. Only offers testing services.

Mental Health Specialist:

Areas of Expertise:

Stacy Stefaniak Luther, Psy.D, LPC (Plover/Wausau)

Works with children, adolescents, and adults. Clients with Autism Spectrum Disorder, Attachment/Reactive Attachment Disorders, behavioral disorders, parenting, pregnancy/postpartum adjustment and depression, childhood depression, pre-adoptive, adoptive, and foster care families, social skills, and psychological/neuropsychological assessments.

Mental Health Specialist:

Areas of Expertise:

Michelle Lassa, M.S., LPC (Plover/Wausau)

Experience working with a variety of ages and clinical issues. Along with experience with CBT, DBT, and EMDR.

Mental Health Specialist:

Areas of Expertise:

Ashley Miller, MS, LPC, SAC (Wausau)

Experience working individually with children age 5 through adult by facilitating teen/adult support groups. Works with adolescent struggles/adjustments, parenting struggles, anxiety, depression, and other mood disorders, sexual abuse/relationship violence, self-esteem issues, and behavioral/conduct concerns.

Mental Health Specialist:

Areas of Expertise:

Brian Weiland, Psy.D (owner) (Wausau)

Personality Disorders, relationship issues, anger, low self-esteem, Christian Counseling, grief, and trauma in its various forms.

Mental Health Specialist:

Areas of Expertise:

Heather Meggers-Wright, Ph.D (owner) (Plover/Wausau)

Works with individuals 15 and older, couples, and groups on sex and intimacy, anxiety and fear, weight and self-esteem, depression, Bipolar Disorder, trauma (sexual/combat), medical diagnoses and chronic pain, pre-surgical, psychological testing.

Mental Health Specialist:

Areas of Expertise:

Melanie Strand-Glatczak, CSAC, CS-IT, LPC-IT (Wausau)

Works with individuals from age 13-late adulthood with addiction, impaired professionals, phobias, anxiety, simple and complex trauma, and depression.

Mental Health Specialist:

Areas of Expertise:

Judy Lemke, MS, LPC, LCSW (Wausau)

Experience in assisting individuals with co-occurring disorders, grief and loss, anxiety, depression, and other mood disorders, stress from general life and the change of life events, adjustment issues, self-esteem concerns, PTSD, Trauma (self-defined), couples/relationship issues, co-parenting challenges, substance abuse, and online counseling.

Mental Health Specialist:

Areas of Expertise:

Laurie Doepke, MS, LPC, NCC (Wausau)

Provides psychotherapy to individuals, couples, and families living with general life stressors and change of life events, anxiety and fear, depression, other mood disorders, adjustment issues, conduct and opposition, relational issues, and self-esteem issues.

Mental Health Specialist:

Areas of Expertise:

Shannon Schaefer, PH.D. (owner) (Wausau)

Works with people living with depression, anxiety, Bipolar Disorder, stress, phobias, couples/relationships, psychological evaluations, adjustment issues, children's conduct/oppositional issues, PTSD, pre-adoptive and pre-surrogacy issues, Attention Deficit/Hyperactivity Disorder and learning disabilities, and parenting.

Mental Health Specialist:

Areas of Expertise:

Timothy Freundl, MS, LPC (Wausau/Plover)

Works with children, adolescents, and young adults living with depression, anxiety, obsessions/compulsions, PTSD, personality disorders, psychosis, psychosomatic complaints, anger/aggression, suicidal ideation, self-harming behavior, bullying, low self-esteem, abuse, trauma, substance abuse, grieving/bereavement, family dynamic/relational issues, adjustment/enculturation issues, ADHD, legal/school/occupational/social changes, and behavioral/mood regulation difficulties.

Mental Health Specialist:

Areas of Expertise:

Emily Peterson, MS, LPC-IT (Wausau/Plover)

Sees individuals 16+ for anxiety, stress management, adjustment disorders, depression, relationship/communication issues, career and college exploration/preparation, and college students.

Mental Health Specialist:

Areas of Expertise:

Sarah Reiser, MS, LPC-IT (Wausau/Plover)

Works with individuals 14+ for eating disorders, depression, anxiety, mood disorders, substance abuse, and addiction.

BRIDGE COMMUNITY HEALTH CLINIC

bridgeclinic.org

1810 North 2nd Street Wausau,
WI 54403

Phone: (715) 848-4884

Mental Health Specialists:

**Tonia Backman, MSW, LCSW
Barbie Bunnell, LCSW, SAC-IT**

Ryan Jacobson, LMFT

CATALPA HEALTH

www.catalpahealth.org

815 W. Fulton St., Suite 6, Waupaca, WI 54981

Phone: (920) 750-7000

Psychiatrist: Dr. Smith

Mental Health Specialist:

Areas of Expertise:

Valerie Schmude, MS, LPC, Art Therapist

Works with children, teens, & families who live with anxiety, depression, relationship issues, social skills, and LGBTQ issues. Trained in TF-CBT.

Mental Health Specialist:

Areas of Expertise:

Tory Suehs, LPC

Specializes in working with juvenile sex offenders, developmental disabilities, clients on the Autism spectrum, trauma, RAD, ODD, and Conduct Disorder with training in brainspotting and TF-CBT.

Mental Health Specialist:

Areas of Expertise:

Elissa Stults, MA, LMFT

Works with children of all ages and their parents/families to help them learn to manage their anxiety, depression, family conflict, parenting concerns, grief, crisis, communication concerns, and stress. TF-CBT.

CENTER FOR HUMAN DEVELOPMENT www.chdevelopment.org

631 Forest Street
Wausau, WI, 54401

Phone: (800) 236-3792

Mental Health Specialist:

Areas of Expertise:

Lee Webster, MSW, LCSW, BCD

Works with individuals and couples to counsel on anxiety, depression, marriage/couples, addictive behaviors, and provides faith-based counseling.

Mental Health Specialist:

Areas of Expertise:

Barb Webster, MS, LCSW

Works with individuals, adults, couples, and families to counsel on anxiety, depression, parenting, conflict management, and provides faith-based counseling.

Mental Health Specialist:

Areas of Expertise:

Jamie Diestelhorst, MS

Works with people of all ages and backgrounds. Has experience working with children and families.

Mental Health Specialist:

Areas of Expertise:

Keela Coppersmith, MS, LPCT

Works with children, adolescents, adults, and families on anxiety, depression, OCD, trauma, bereavement, sexualized behaviors, self-mutilation, insomnia, and ADHD.

Mental Health Specialist:

Areas of Expertise:

Dawn Schroeder, MS, PC

Enjoys helping people of all ages, specifically children and teenagers, overcome life's struggles.

Mental Health Specialist:

Areas of Expertise:

Erin Morgan, MS, LCSW

Counsels individuals and couples on depression, anxiety, parenting, past traumas, and grief/loss.

Mental Health Specialist:

Areas of Expertise:

Suzanne Grim, MA, LMFT

Counsels on anxiety, depression, Bipolar Disorder, Attention Deficit Disorder, grief/loss, transitions in life, and spirituality.

Mental Health Specialist:

Areas of Expertise:

Krista Kocha, MA, LPCT

Counsels youth and young adults on anxiety, depression, work-related issues, and provides career counseling.

Mental Health Specialist:

Areas of Expertise:

Elisabeth Nolan, MA

Works with people of all ages on issues such as depression, anxiety, EMDR therapy, career/work issues, ADHD, Autism Spectrum Disorder, suicidal ideation, and spirituality.

Mental Health Specialist:

Areas of Expertise:

Mike McCabe, MA

Works with a wide range of people.

CENTRAL WISCONSIN COUNSELING ASSOCIATES

www.cwcounselingassoc.com

Wisconsin Rapids Location (Main Office):

320 West Grand Avenue, Suite 304A, Wisconsin Rapids, WI, 54495 Phone: (715) 424-6960

Mental Health Specialist:

Areas of Expertise:

****Roger Pagel, MSE, LCSW**

Wide variety of mental health issues.

Mental Health Specialist:

Areas of Expertise:

****Ann Soe, MSSW, LCSW**

Depression, couples, family systems, women's issues, ADD, abuse issues, spirituality, health and wellness.

Mental Health Specialist:

Gary Kaddatz, LPC

Mental Health Specialist:

Areas of Expertise:

Jennifer Stoiber, BS

Extensive experience as a mediator, administers psychological testing for the clinic.

Mental Health Specialist:

Cheryl Wessling, LPC-IT

Mental Health Specialist:

Amy Gunderson, BS

Mental Health Specialist:

Areas of Expertise:

****Erin Johnson, M.A.**

Counsels adolescents and adults on anxiety, compulsive disorders, stress management, crisis intervention, social skills development, personal growth, and adjustment to life transitions.

CENTRE FOR WELL-BEING

centreforwellbeing.net

Wausau Location

901 N 6th Street
Wausau, WI 54403

Phone: (715) 848-5022

Mental Health Specialist:

Areas of Expertise:

Greg Kresse, SAC, LCSW

Mental health and substance abuse counseling for adult individuals, couples, and families. Experience with mood disorders, addiction, and other substance use disorders.

Mental Health Specialist:

Areas of Expertise:

Steven Kuhn, LPC, SAS, MS

Mental health and alcohol and drug related issues with individuals, adolescents and adults, and couples. Experience with anxiety, depression, mood and thought disorders, addictions, and social and coping skills.

Mental Health Specialist:

Areas of Expertise:

Rachael Splinter, LPC, MA

Mental health and AODA counseling for ages 12-adult, including individual and couples counseling. Experience with behavioral addiction, alcohol and drug addiction, and anxiety.

Mental Health Specialist:

Areas of Expertise:

Sandra Fuller-Burton, MS, LPC

Provides mental health counseling for children, adolescents, and adults. Experience with trauma, grief, PTSD, anxiety and depression, as well as exploring life transitions, identity, relationships, & self-esteem concerns.

Mental Health Specialist:

Areas of Expertise:

Noreen Salzman, MSW, LCSW

Mental health counseling from childhood through adult, couples, and families with trauma/PTSD, attachment issues, mood/thought disorders, relationship difficulties, chronic pain, & adjustment to difficult life events.

Mental Health Specialist:

Areas of Expertise:

Denise Sauter, MA, LPC

Mental health counseling for adults, couples, and young adults with anxiety, depression, stress management, trauma/PTSD, chronic pain, women's issues, relationship struggles, & adjustment to difficult life events.

Mental Health Specialist:

Areas of Expertise:

Amy Ostrem, MS, LPC

Mental health counseling for adults, individuals, couples, and groups. Experience with trauma, domestic violence and sexual assault, anxiety, mood disorders, chronic pain, and relationship issues.

Mental Health Specialist:

Areas of Expertise:

Evelyn Lee, MS, LPC, SAC

AODA and mental health counseling for ages 5-adult with mood/thought disorders, trauma and PTSD/EMDR, addiction, eating disorders, and pain management/counseling.

Mental Health Specialist:

Areas of Expertise:

Nanette Matthews, PhD, Licensed Psychologist

Mental health counseling for children, teens, and adults including the geriatric population with anxiety and mood, relationship issues, parenting concerns, communication and psychosocial evaluations.

Mental Health Specialist:

Areas of Expertise:

William Schmelzer, PhD

Mental health counseling for children, adults, and families. Working with parents of children having disruptive behavior disorders (ADHD/ADD, OCD); treating chronic pain, psychological evaluation, and mood disorders.

Mental Health Specialist:

Areas of Expertise:

Michelle Gleason, MSW, LCSW

Mental health counseling for individuals, couples, families, children, adolescents, and adults with mood disorders, trauma, and stress management.

Mental Health Specialist:

Areas of Expertise:

Tracy Springer, MS, LPC, CSAC, CS-IT

Mental health and substance abuse for individuals and groups ages 12+ with alcohol & drug addiction, behavioral addiction, anxiety, depression, mood/thought disorders, trauma/PTSD, and working with adolescent female issues.

Mental Health Specialist:

Areas of Expertise:

Amie Leonoff, MSMFT, LMFT

Mental health counseling for children, adolescents, and adults with focus on couples and families with issues related to communication, parenting, blended families, child and adolescent behavior and mental health, stress management/coping, trauma, life transitions, LGBTQ, and mood and anxiety disorders.

Mental Health Specialist:

Areas of Expertise:

Charity Nikolay, MS, LPC

Mental Health and substance abuse counseling from childhood through adult including individuals, couples, and groups. Experience with trauma/PTSD, anxiety, depression, bipolar disorder, chronic mental illness, relationship difficulties, and substance abuse.

Mental Health Specialist:

Areas of Expertise:

Jennifer Starkey, MA, LMFT (Wausau and Weston)

Experienced and qualified to work in all areas of mental health, including but not limited to, depression, anxiety, relationship issues, grief and loss, trauma, family issues, life transitions, body image, self-esteem, and identity concerns. Passion is working with adolescents and families.

Mental Health Specialist:

Areas of Expertise:

Alicia Resch, MSW, APSW

Mental health counseling for children, adolescents, young adults, and families with anxiety, mood dysregulation, attachment issues, and trauma.

Mental Health Specialist:

Areas of Expertise:

Crystal Wuethrich, MS, MFT-IT

Mental health counseling for individuals, including children through adult, couples, families, and groups with depression, anxiety, mood and thought disorders, communication, parenting, blended families, relationship conflict, women’s issues, trauma, life transitions, grief and loss, and LGBTQ+.

Weston Location

4601 Camp Philip Road
Weston, WI 54476

Phone: (715) 848-5022

Mental Health Specialist:

Areas of Expertise:

Dr. David Macintyre, Psy.D., LPC

Psychological testing and counseling to people of all ages on anxiety and mood disorders, addiction, LGBTQIA issues, parent/child relationships, relationship issues, mindfulness, trauma, stressor-related disorders, and brainspotting

Mental Health Specialist:

Areas of Expertise:

Amy Abel, LCSW, MSW

Experience working with children from hard places and have experienced relation or other trauma. Areas of attachment and bonding, working with caregivers and their children from infancy to age 12.

Mental Health Specialist:

Areas of Expertise:

Julette Higuera, MSW, LCSW

Mental health counseling for children, adolescents, and adults working with children on issues of anger management and parent/child relational problems, blended families, behavioral and emotional disorders, eating disorders, anxiety, depression, and women’s health concerns.

Mental Health Specialist:

Areas of Expertise:

Melissa Skrzypchak, MSSW, LCSW, SASA

Mental health and substance abuse counseling for individuals and groups ages 12+. Experience with borderline personality, depression, bipolar disorder, anxiety disorders including PTSD and OCD, eating disorders, and other addictive behaviors.

Mental Health Specialist:

Areas of Expertise:

Miranda Babl, MS, LPC-IT

Mental health counseling for ages 10-18 and young adults with behavioral difficulties, emotional dysregulation, depression, anxiety, trauma, stress management, difficult life changes, anger management, truancy, and delinquency.

Mental Health Specialist:

Areas of Expertise:

Kaelee Engelman, MSW, APSW

Mental health counseling to children over 6 and their families. Experience with recovery from trauma, anxiety disorders, depression, mood/emotion regulation, attachment disorders, relationship struggles, behavioral difficulties, stress management, and difficult life changes.

Mental Health Specialist:

Areas of Expertise:

Tracey Gusman, MA, LPC, SAC

Mental health and substance abuse counseling for children through adult including individual and couples counseling. Alcohol and drug addiction, co-occurring disorders, anxiety, depression, stress management, mood/thought disorders, grief and loss, and difficult life transitions.

Mental Health Specialist:

Areas of Expertise:

Jacquelyn Van Laarhoven, MS, LPC-IT

Mental health counseling for a variety of different age groups. AODA, eating disorders, children and adolescents, trauma, and other disorders.

ASPIRUS RIVERVIEW BEHAVIORAL HEALTH

www.aspirus.org

Wisconsin Rapids Location (Main Office):

420 Dewey Street, Wisconsin Rapids, WI, 54494

Phone: (715) 422-9319

Psychiatrists:

Christian DeGregorio, MD Marleen

Kathy Russeth, MD

Bryan, PMHCNS-BC, APNP
Debra Miller, FNP-BC, APNP, PMHNP-BC

Jodi Space, APNP

Mental Health Specialist:

Craig Rasmussen, MA, LCSW
Glen Zipperer, MS, LCSW, ICS, CSAC

Sandy Holmes, MS, LPC, CSAC

CHARIS COUNSELING

www.chariscounselingwi.com

Marshfield Location:

101 W. McMillan Street
Marshfield, WI 54449

Phone: (715) 389-9382
Fax: (715) 848-8665

Mental Health Specialists:

Carissa Weber, MA, LPC, CSAC
Bethany Krombholz, LPC-IT
Tricia A Cotrone, MA, LPC, NCC

Georgia Wiese, MC, LPC
Erin Osowski, MC, LPC-IT
**Lois Swanson, MS, MDiv,
LCSW**

Wausau Location:

2620 W. Stewart Avenue, Suite 310
Wausau, WI 54401

Phone: (715) 848-0525
Fax: (715) 848-8665

Mental Health Specialists:

Bethany Krombholz, LPC-IT
Carissa Weber, MA, LPC, CSAC
Erin Osowski, MS, LPC-IT
David Sliefert, MA, LPC
Tricia A Cotrone, MA, LPC, NCC

Julie Nelson, MS, LPC
Rick Jass, MA, LPC
Georgia Wiese, MS, LPC
Patrick Rohr, MA, LPC
Krystal Holz, MA, LPC

CHILD AND ADOLESCENT PSYCHIATRY CONSULTING (CAPC) drjenna.net

Wisconsin Rapids Location:

Street South, Suite 101
Wisconsin Rapids, WI 54494

Email: rapidsoffice@dr.jenna.net 3930 8th
Phone: (715) 423-2030
Fax: (715) 423-2032

Mental Health Specialists:

Dr. Jenna Moravec, MD
Stacey Kubisiak, LPC-IT
Jo Yeske-Bishop, LPC, NCC

Marshfield Location:

2001 S. Central Ave
Marshfield, WI 54449

Email: marshfieldoffice@drjenna.net
Phone: (715) 384-2818
Fax: (715) 384-2724

Mental Health Specialists:

Kristine Koplitz, MAC, LPT
Tammy Fischer, APSW
Genessa Antoniewicz, LPC
Chelsea Scheirhauer, LCSW
Mythe (Mina) Piper, LPC-IT

CHILDREN'S HOSPITAL OF WISCONSIN COMMUNITY SERVICES CHILD AND FAMILY COUNSELING- www.chw.org

Marshfield Location:

725 S. Central Avenue, Suite 200, Marshfield, WI 54449
Fees: Sliding scale, Insurance, MA (United Way Agency)

Phone: (715) 387-2729

Mental Health Specialist:

Areas of Expertise:

Jeff Ongna, MS, LPC

Specializes in treating children, teens, and adolescents for recovery from trauma, anxiety, depression, behavioral problems/disorders, child/adolescent CBT, general psychological evaluations, individual psychotherapy, and mood disorders.

Mental Health Specialist:

Lisa Miller, LPC

Mental Health Specialist:

Yonat Piva, LPC

Mental Health Specialist:

Beth Meyer, LPC

Stevens Point Location:

1466 Water Street Suite 2
Stevens Point, WI 54481

Phone: (715) 341-6672

Fax: (715) 341-8004

Mental Health Specialist:

Areas of Expertise:

Nicholas Schneider, MS, LPC

Specializes in individual/family therapy, Attention Deficit/Hyperactivity Disorder, anxiety, behavioral problems/disorders, child/adolescent CBT, depression, individual psychotherapy, mood disorders, Obsessive Compulsive Disorder, social skills development, temper tantrums, and trauma.

Mental Health Specialist:

Sue Schneider, MA, LPC

Counsels children and families on Attention Deficit/Hyperactivity Disorder, anxiety, behavioral problems/disorders, child/adolescent CBT, depression, developmental delays, individual psychotherapy, mood disorders, Obsessive Compulsive Disorder, social skills development, temper tantrums, and trauma.

Mental Health Specialist:

Katrina Arnold, LPC

Specializes in depression, anxiety, social and relationship skills, anger management, and additional disorders.

Wausau Location:

705 S 24th Ave, Wausau, WI 54401

Phone: (715) 848-8600

Fees: Sliding scale, Insurance, MA (United Way Agency)

Mental Health Specialist:

Areas of Expertise:

Susan O'Day, MS, LPC

Specializes in treating anxiety, depression, behavioral problems/disorders, child/adolescent CBT, and individual psychotherapy.

Mental Health Specialist:

Areas of Expertise:

Lisa Harrenstein, MA, LPC

Specializes in Attention Deficit/Hyperactivity Disorder, anxiety, behavioral problems/disorders, child/adolescent CBT, depression, developmental delays, psychological evaluations, individual psychotherapy, mood disorders, Obsessive Compulsive Disorders, social skills development, temper tantrums, and trauma.

Mental Health Specialist:

Areas of Expertise:

Stephanie Hamann, MA, LPC

Specializes in Attention Deficit/Hyperactivity Disorder, anxiety, behavioral problems, child/adolescent CBT, depression, psychological evaluations, individual psychotherapy, mood disorders, Obsessive Compulsive Disorder, social skills development, and trauma.

CLINICAL AND FORENSIC SERVICES

www.clinicalservices.com

420 3rd Street S
Wisconsin Rapids, WI 54494

Email: clinicalservices@solarus.net
Phone: (715)712-1370

Mental Health Specialist:

Areas of Expertise:

Michael Jan Nelson, PhD, FACP

Forensic psychologist. Performs evaluations for attorneys and courts in criminal and civil matters. Other interests include treatment of depression and marital conflict, assessment of Attention Deficit Disorder, personality, learning, cognition and other psychological concerns.

Mental Health Specialist:

Areas of Expertise:

Julie Sigler Edmundson, LPC, CSAC, ICS, SAP

Clinical substance abuse counselor and independent clinical supervisor. Experience with anxiety, depression, substance use, grief and loss, trauma, chronic pain, and family/relationship issues. She works with individuals, couples, and families.

Mental Health Specialist:

Areas of Expertise:

Thomas Charles, Ph.D, LCSW

Experience with family dysfunction, adjusting to physical limitations, and other mental health concerns.

Mental Health Specialist:

Areas of Expertise:

Brenda J Ertl, LPC-IT

Focuses on grief, anxiety, depression, addiction, life transitions, and CBT.

Mental Health Specialist:

Areas of Expertise:

Christopher Giese, MS Ed., LPC

Experience working with distressed and marginalized populations, emotionally disturbed children, and outpatient work with individuals, couples, and families. Works with children to senior citizens.

COMPASS COUNSELING LLC

www.compasscounsels.com

Wausau Location:

530 Grant Street,
Wausau, WI, 54403

Phone: (715)845-5493

Fax: (715)848-5645

Mental Health Specialist:

Areas of Expertise:
and Gambling.

Lynne Buechler, MS, LPC, LCSW, ICS, CSAC

Works with adults on AODA Assessments/Treatment, OWI Follow-up, Depression, Anxiety,

Mental Health Specialist:

Areas of Expertise:

Amanda Neta, MSW, LCSW

Works with children, adolescents, and adults on child/adolescent behavioral challenges, depression/mood disorders, adjustment and anxiety, trauma and abuse, self-esteem, family stress/conflict, and anger management.

Mental Health Specialist:

Areas of Expertise:

Andy Cameron, PhD, LPC

Works with individuals and families on behavioral addictions, depression/mood disorders, anxiety and phobias, PTSD, Obsessive-Compulsive Disorder/Behaviors, Codependency, LGBT Issues, AODA assessments/treatment, and couples.

Mental Health Specialist:

Areas of Expertise:

Amber Myska, LCSW

Specializes in children/adolescent behavioral changes, Attention Deficit/Hyperactivity Disorder, eating disorders, child behavior/attachment challenges, family stress, coping, parenting, adjustment, anxiety, depression, self-esteem, and trauma.

Mental Health Specialist:

Areas of Expertise:

Mark Becker, LCSW

Counsels adolescents and adults about trauma/PTSD, anxiety, panic disorders, depression, grief/loss, and marital/couples therapy.

Mental Health Specialist:

Areas of Expertise:

Liz Unrath, MA, LPC

Specializes in anxiety, depression, PTSD, Obsessive Compulsive Disorder, anger management, grief/loss reaction, addictions, trauma/abuse, career and work issues, self-esteem issues, relationship issues, caregiver issues, children/adolescent behavioral issues, and adjustment issues.

Mental Health Specialist:

Areas of Expertise:

Carmen Letarski, M.S., LPC-IT, SAC-IT

Has experience working with anxiety, trauma, mood disorders, addictions, adjustment, eating disorders, Cognitive-Behavioral Therapy, mindfulness and Treatment Court Programs with adults dealing with substance abuse and legal issues.

Schofield Location:

718 Grand Ave.
Schofield, WI 54476

Phone: (715)679-3389

Mental Health Specialist:

Areas of Expertise:

Andrew Busse, MS

Experience working with individuals varying from childhood to adulthood in both

inpatient and outpatient settings. Areas of specialization include, play therapy, conduct disorders, adjustment and mood, depression, anxiety, AODA, and anger management.

Mental Health Specialist:

Areas of Expertise:

Whitney Crochiere, MA, LPC

Experience working at a community clinic, corrections-based setting, and substance abuse clinic. She currently works with children, adolescents, adults, and families. Areas of specialization include, cognitive behavioral therapy, dialectical behavior therapy, mindfulness, play therapy, anxiety, depression, anger, self-esteem, and LGBT.

Mental Health Specialist:

Areas of Expertise:

Jessi Voegtline, LPC-IT

Works with children in daycare and school settings and specializes in counseling children of all ages.

Mental Health Specialist:

Areas of Expertise:

Matthew Deets, LPC

Has worked as a therapist in residential, in-home, and outpatient settings and has also worked with youth and adult corrections populations. Works primarily with adolescents and families.

Mental Health Specialist:

Areas of Expertise:

Gina Lenz, CSW, MS, LPC-IT

Works with both adults and youth. Areas of practice include, depression, anxiety, personality disorders, trauma, adoptive and blended families, parenting concerns, children/adolescents who have behavioral concerns and/or emotion regulation difficulties, grief/loss, relationship difficulties, and life stressors.

Wisconsin Rapids Location:

2811 8th St. S, Suite 60
Wisconsin Rapids, WI 54494

Phone: (715)712-1523

Mental Health Specialist:

Areas of Expertise:

Robin Swanson, MA, LPC-IT

Works with children, adolescents, and adults on anxiety, depression, life transitions, parenting, peer relationships, stress management, relationship issues, and self-image/self-esteem.

Mental Health Specialist:

Lori A. Kroening, LCSW, CSAC

Works with adults on dual diagnosis disorders, court-ordered treatment, substance abuse recovery/maintenance, anxiety, depression, obsessions/compulsions, adjustment disorders, codependency, stages of change approach, and individual/group therapy.

Mental Health Specialist:

Samantha Casey LSW, LPC

Individual and Group counseling for all ages.

Mental Health Specialist:

Rick Vela, MSW/LCSW

Emotional regulation (anger, anxiety), depression, self-esteem building, sexual abuse, Domestic Violence/Intimate Partner Violence prevention, PTSD, grief and loss, guilt/shame and shame-based problems, assertiveness building, marital issues, and relationship building skills.

Mental Health Specialist:

Areas of Expertise:

Cherie Cisewski, LPC-IT

Focuses on providing positive support for individuals and groups who are challenged with symptoms of anxiety, depression, life adjustments, trauma, and other mental health concerns.

Mental Health Specialist:

Areas of Expertise:

Andrew Busse, MS

Works with children and adults on play therapy, conduct disorders, adjustment/mood disorders, depression, anxiety, AODA concerns, and anger management.

Mental Health Specialist:

Areas of Expertise:

Dana Weideman, LPC-IT

Works with children, adolescents, and adults experiencing anxiety, depression, trauma, grief, and anger.

Mental Health Specialist:

Areas of Expertise:

Jessica Noah

Marital Issues, divorce and separation, adoption, anxiety disorders, mood disorders, ADHD, grief and loss, self-esteem issues, behavioral issues

Weston Location:

3704 Weston Ave.,
Weston, WI 54476

Phone: (715)298-6364

Mental Health Specialist:

Areas of Expertise:

Tracy Peterson, MS, LPC

Works with adolescents and adults. Specializes in adolescents behavioral concerns, eating disorders, self-harm and personality disorders, depression, and anxiety.

Mental Health Specialist:

Areas of Expertise:

Mark Mixdorf, Ph.D, LCSW

Children, adolescent, adult, couple, and family counselor. Specializes in marriage counseling, depression, anxiety and obsessive compulsive disorders, ADHD, family conflict, and personality disorders.

Mental Health Specialist:

Areas of Expertise:

Emily Xiong, LMFT

Serves adolescents, adults, couples, and families. Specializes in marriage counseling, family stress, coping, parenting, adjustment and anxiety, depression, self-esteem, anger management, and trauma.

Mental Health Specialist:

Areas of Expertise:

Blake Burton, MS, LPC

Enjoys working with a wide variety of people. Specializes in youth and families, solution focused approaches, and parenting issues.

Mental Health Specialist:

Areas of Expertise:

Brenda Fritsche, MS, LPC

Experience working with young children, adolescents, and families. Specializes in EMDR, children, divorce, parent coaching, play therapy, and family counseling.

Mental Health Specialist:

Areas of Expertise:

Tara Ollmann, MS, LPC

Enjoys working with individuals and families in their homes and communities. Specialty areas include, youth and families, parenting issues, solution-focused therapy, and cognitive behavioral therapy.

Mental Health Specialist:

Areas of Expertise:

Shannon Cole-Cameron, MSW, LCSW, SAS

Has worked in inpatient and outpatient settings, treating both mental health and substance abuse issues. Specialty areas include, depression, mood disorders, anxiety, chemical and behavioral addictions, grief and loss, couples/marital therapy, and family therapy.

Mental Health Specialist:

Areas of Expertise:

Todd Stage, LCSW

Works with adults, couples, and adolescents. Specialty areas include, trauma/PTSD, depression, anxiety, anger management, cognitive processing therapy, and couples counseling.

Mental Health Specialist:

Areas of Expertise:

Monica Preisig, MS, LPC

Depression, anxiety, mood disorders, eating disorders, CBT and MBCT, self-esteem, adjustment disorder, and dialectical behavioral therapy.

Mental Health Specialist:

Areas of Expertise:

Lizzie Kriewald, MS, LPC, CSAC

Experience working with children, teens, and adults. Specialty areas include: substance abuse and women's emotional health.

Mental Health Specialist:

Areas of Expertise:

Amy Marcott, MA.Ed., LPC

Works with adolescents, adults, couples, families, and geriatric populations.

Mental Health Specialist:

Areas of Expertise:

Justine Cleveland, LCSW

Works with families and children with adoption or foster care histories, trust-based/trauma informed parenting, children with attachment wounds or relationship disruption, children with trauma histories, families looking to build bonds and connections.

Mental Health Specialist:

Areas of Expertise:

Angie Huettl, MS, LPC, CRC

Works with children, teens, and families with experience in PTSD and complex trauma, disability, including ASD, solution-focused therapies, and CBT.

Mental Health Specialist:

Areas of Expertise:

Michelle Hazuka, MS, LPC

Experience working with attachment/relational conflict, anxiety, depression, trauma, addiction, substance abuse, and LGBTQ+ populations.

COURAGE TO CHANGE RECOVERY

106 Galvin Rd.
PO box 447
Abbotsford, WI 54405

Phone: (715) 223-0480
FAX: (715) 223-1611
rwichlacz@couragetochangerecovery.net

Areas of Expertise:

Mental health, substance abuse, EMDR therapy, marriage and family, adult, adolescence testing, anger management, grief, depression services.

CORNERSTONE CLINIC MENTAL HEALTH ASSOCIATES

2558 Post Rd
Plover, WI 54467

(715) 600-2798

Mental Health Specialist:

Areas of Expertise:

Janelle Prince, MSW, LCSW

PTSD/complex trauma, parenting issues, anxiety, adjustment issues, self-esteem issues, depression, ADHD, grief and loss, bipolar management and stabilization, marriage counseling.

Mental Health Specialist:

Areas of Expertise

Lynn Martin, MA, LPC

Anxiety, depression, trauma, low self-esteem, anger management, parenting issues, adjustment to divorce, behavioral problems.

Mental Health Specialist:

Areas of Expertise:

Michelle Schrube, PhD, LPC, CSAC, DBTC

Addiction, depression, anxiety, mood disorders, adjustment disorders, borderline personality, relationship and family issues, general life skills.

Mental Health Specialist:

Areas of Expertise:

Diane Maciejewski, MS, LMFT

Anxiety, depression, low self-esteem, anger management, parenting issues, adjustment to divorce, behavioral problems, marriage and family concerns, difficulties regulating emotions.

DIX AND GILLETTE COUNSELING SERVICES

1720 Merrill Avenue Suite 401
Wausau, WI 54401

Phone: (715) 675-3888
Fax: (715) 675-2988

Mental Health Specialist:

Patti Gillette, MA, LPC

Mental Health Specialist:

Laura L. Goergen, LPC

ELMERGREEN ASSOCIATES, INC.

www.elmergreen.com

114 Grand Avenue
Wausau, WI 54403

Phone: (715) 845-7175
Fax: (715) 845-7142

Email: appointments@elmergreen.com

Mental Health Specialist:

Dennis Elmergreen, PsyD, LP
Kandace Elmergreen, LCSW
Julie Gruenwald, M.S., LPC
Jeffrey Rothweiler, PhD, LP
Sue Ellyn Wisnewski, MSSW, APSW

Steven Lechner, LPC
Gary Grote, MDiv, CSAC
Colleen Angel, LPC-IT, SAC-IT
Courtney Derus, PsyD, LP
David Derus, PsyD

EVANS COUNSELING

2714 Stewart Avenue, Wausau, WI 54403

Phone: (715) 849-3988

Mental Health Specialist:

Dr. Kelly Evans

HERGERT AND GAZIANO FAMILY COUNSELING

252 South Central Ave Suite 21, Marshfield, WI 54449

Phone: (715) 384-7579

Mental Health Specialist:

Dan Frye, LMFT

Areas of Expertise:

Depression, anxiety, relational issues, parenting.

Mental Health Specialist:

Lisa Hergert, LPC

INSIGHT COUNSELING SERVICES

120 W Union St.

Phone: (715) 942-8292

Waupaca, WI 54981

jessie@insightcounselingserviceswi.com

Mental Health Specialist:

Jessie Jensen, LPC

MARATHON RESIDENTIAL & COUNSELING SERVICES

1611 North Seventh Street, Wausau, WI 54403

Phone: (715) 842-3240

Mental Health Specialist:

Justin Stangl

MARRIAGE AND FAMILY HEALTH SERVICES LTD

www.marriageandfamilyhealthservices.com Email: mfhsec@spcglobal.net

501 S. Cherry Avenue, Suite 5
Marshfield, WI 54449

Phone: (715) 486-8302

Fax: (715) 486-9253

Mental Health Specialist:

Tiffany Kula, MS

Areas of Expertise:

Individual, couples, and family therapy for children, adolescents, and their families specializing in behavior management, trauma, abuse, and personal growth/healing.

Mental Health Specialist:

Tammy Stargardt, PhD, LPC

Areas of Expertise:

Individual, couples, and family therapy for children, adolescents/teens and adults.

She specializes in depression, anxiety, trauma, attachment issues, and childhood disorders.

Mikan Program:
(12-18 year-olds)

Program Coordinators: Katie Karl, BA

The Mikan Therapeutic Day Treatment is a state certified intensive program specifically designed to meet the therapeutic/behavioral needs of children and adolescents. Clients receive up to four hours, five days per week of professional individual, group, and family psychotherapy services provided by licensed/certified doctoral and master's prepared mental health professionals. Mikan provides client specific services addressing affect regulation, conscience development, relationship skills, solution finding, family dynamics, trauma/neglect survival skills, trauma reprocessing decision-making, social skills development, and alcohol and drug needs.

Migisi Program:
(5-11 year olds)

Program Coordinator: Sam Strasser, BS

The Migisi Therapeutic Day Treatment is a state certified program specifically designed to meet the therapeutic/behavioral needs of children and adolescents. Clients receive up to four hours, five days per week of professional individual, group and family psychotherapy services provided by licensed/certified doctoral and master's prepared mental health professionals. Migisi provides client specific services addressing emotional regulation, social skills, problem solving, family dynamics, healing from trauma/neglect, relationship depth skills and accountability.

MARSHFIELD CLINIC

1000 N. Oak Avenue
Marshfield, WI, 54449

Phone: 1 (800) 782-8581
Fax: (715) 387-5240

Mental Health Specialist:

Celestino Balinghasay, MD
Narendran Neelakantachar, MD
Ajay Parsaik, MD, MS
Veera Kommisetti, MD
Josep Chojnacki, PhD
Jennifer Michels, PhD, ABPP
Celeste Jackson, NP
Daniel Buss, LCSW
Rebecca Janssen, LPC
Timothy Lichtenwald, PsyD (Pain management)

John Waters, MD
Sownya Puvvada, MD
Justin Schoen, MD
Alpa Shah, MD
Patricia Ellis, PhD
Myra West, PsyD
Michael Field, NP
Anthony Louis, LCSW
Lisa Miller, MS

CHILD PSYCHOLOGY

Mary Hennessy, MD (& adolescent)
Stacy Braun, PhD, ABPP
Stephanie Kohlbeck, PhD
Michael Schulein, PhD

Erica Larson, DO (& adolescent)
Julie Kaprelian, PhD
Rachel Young, PsyD

NEUROPSYCHOLOGY

Benjamin Hunter, PsyD
Sarah Kortenkamp, PhD

Ekaterina Keifer, PhD
Gary Olsen, PhD

NEW DIRECTIONS COUNSELING CENTER

www.newdirectionscc.com

Email: staff@newdirectionscc.com

5541 US Highway 10 East Suite B,
Stevens Point, WI 54482

Phone: (715) 345-9690
Fax: (715) 345- 2938

Mental Health Specialist:
Areas of Expertise:

Diane Dickinson, MA, LCSW, LPC

In addition to traditional psychotherapy techniques, Diane offers progressive techniques such as EMDR (for trauma recovery), bioresonance (an advanced form of biofeedback) past life regression therapy, and several other energy techniques that

incorporate healing for the body and spirit as well as the mind and emotions. She also offers hypnosis services and works on enhanced performance for professionals, executives, and athletes.

Mental Health Specialist:

Areas of Expertise:

Tim Koller, LPC, MS, NCC, CFC

Specialties include parenting, blended families, ADHD, anger, scholastic issues, depression, anxiety, phobias, behavioral problems in children/adolescents, trauma, grief/loss and bereavement, and marital problems. Tim has an extensive background working with adolescent and adult sex offenders and as a Certified Forensic Counselor he is well-versed in these evaluations and assessments.

Mental Health Specialist:

Areas of Expertise:

Jeralyn Stevens, MA, LPC, CCTP

Works with individuals, couples, and families of all ages on brainspotting, grief/loss, stress/trauma, PTSD, crisis counseling, being a victim of emotional, verbal, and/or physical abuse, anger management, self-esteem, anxiety, depression, mindfulness, art journaling, therapeutic journaling, play therapy, sand tray therapy, Cognitive-Behavioral Therapy, acceptance, commitment therapy and Dialectical Behavioral Therapy.

Mental Health Specialist:

Areas of Expertise:

Amber Folz, MA, ATR-IT

Specializes in mindfulness, meditation/relaxation, emotional/behavioral challenges in children 3+, self-esteem, guilt, shame, fear, anxiety, depression, stress, trauma/abuse, grief/loss and bereavement, physical/developmental disabilities, art journaling, therapeutic writing, play therapy, sand tray therapy, and dream work.

Mental Health Specialist:

Areas of Expertise:

Megan (Grasser) Bednarczyk, MS, CRC, LPC

Specializes in person centered and holistic approach while used CBR and EMDR. Works with adults, adolescents, children, and couples

Mental Health Specialist:

Areas of Expertise:

Sarah E. Foss, MS, LPC, CSAC

Works with adolescence and adults on issues such as couples counseling, addictions, substance abuse recovery, mood disorders, anxiety, family conflicts, relationship issues, codependency, self-acceptance, coping skills, life transitions, LGBTQ issues, self-awareness, CBT, ACT.

Mental Health Specialist:

Areas of Expertise:

Steph Crane, MSW, CAPSW, CTP, SAC-IT

Works with mood disorders, anxiety, phobias, OCD, panic, stress, trauma, adjustment, loss and bereavement, crisis support and safety planning, attachment issues, domestic violence and sexual assault, anger management, relationship support, communication and assertiveness training, self-esteem and compassion work, shame resilience building, personal development and goal setting, substance use disorders and other addictions.

Waupaca Location:

N2919 County Road QQ
Waupaca, WI 54981

Phone: (715)345-9690

Fax: (715)345-2938

Mental Health Specialist:

Areas of Expertise:

Breana Seuffer, MA, LPC, SAC

Focuses on trauma, anxiety, depression, oppositional defiant disorder, alcohol and drugs, personality disorders, relationship issues, self-esteem, conflict, domestic violence, and parenting.

Mental Health Specialist:

Areas of Expertise:
(i.e. blended

Kelsey Link, MA, MFT-IT

Works with adolescents, young adults, and adults as individuals and part of diverse families and/or divorced). She also offers couples counseling, relational issues, premarital counseling, discernment counseling/divorce, anxiety, adjustment/mood disorders, stress/trauma, PTSD, life transitions, self-esteem, grief/loss, solution-focused parenting, cognitive-behavioral issues (ADHD and behavioral concerns), sexual

issues/concerns, survivors of sexual abuse, domestic abuse, and anger management.

NORTH CENTRAL HEALTH CARE

www.norcen.org

1100 Lake View Drive, Wausau, WI, 54403

Phone: (715) 848-4600

Areas of Expertise:

This organization provides a variety of comprehensive services, involving but not limited to: crisis services, developmental disabilities, adult protective services, skilled nursing, aquatic services, addiction, and mental health.

Stevens Point Location:

931 Michigan Ave, Suite 101
Stevens Point, WI 54481

Email: NWJStevensPoint@nwcgc.com

Phone: (715) 997-9486

Fax: (844) 810-8859

Mental Health Specialist:

Mental Health Specialist:

Areas of Expertise:

Laura Kowalski, Program Coordinator

Danielle Behrens, Clinical Mental Health Coordinator

Day treatment for school age children.

Wausau Location:

5655 N. 28th Avenue
Wausau, WI 54401

Email: NWJWausau@nwcgc.com

Phone: (715) 675-5454

Fax: (715) 675-0545

Program Coordinator:

Mental Health Specialists:

Areas of Expertise:

Amy Marthaler

Mindy Schuette & Jovid Schuette

At risk youth

Wisconsin Rapids Location:

110 24th Street South, Suite A
Wisconsin Rapids, WI 54494

Email: NWJWiRapids@nwcgc.com

Phone: (715) 424-5040

Fax: (855) 897-2741

Program Coordinator:

Mental Health Specialists:

Areas of Expertise:

Laura Duckett

Katie Wilson

At-Risk Youth

MARSHFIELD CLINIC PLOVER COUNSELING CENTER

www.oswaldcounselingassociates.com

2450 Vineyard Drive, Plover, WI, 54467

Phone: (715) 342-0290

Mental Health Specialist:

Areas of Expertise:

Lynne Oswald, MS, LCSW, LPC, CSAC

Works with all ages over 5 years old on clinical substance abuse, trauma recovery, anxiety reduction and performance enhancement, play therapy, and relationship therapy.

Mental Health Specialist:

Areas of Expertise:

Christina Schreiner, MA, LPC, CSAC

Works with adolescents, couples, and families on depression, anxiety, relationship/communication issues, grief/loss, family dynamics, improving self-esteem and self-worth, and trauma issues.

Mental Health Specialist:

Areas of Expertise:

Daniel, Dereziński, MS, LPC, CSAC

Works with individuals, couples, families, and groups on all kinds of substance abuse. Also specializes in counseling on developmental disabilities, the department of correction referrals, OWI referrals, and individuals from various racial, ethnic, and religious backgrounds.

Mental Health Specialist:

Areas of Expertise:

Deborah Furgason, MA, LPC

Counsels on the full spectrum mental health and substance abuse, coping skill development, department of corrections referrals, and individuals from various racial, ethnic and religious backgrounds.

Mental Health Specialist:

Areas of Expertise:

Linda Kedrowski, MS, NCC

Works with adolescents and older on higher education counseling, personal issues, career development, employability skills, life skills, stress management, decision-making, time management, assertiveness, women's issues, personal growth, and parenting skills.

1840 Post Rd Suite 8
Plover, WI 54467

(920) 229-3929
asyke@centurytel.net

Mental Health Specialist:
Areas of Expertise:

Anna Syke, MS, ED, LPC
Works with depression, anxiety, relationship problems, anger, grief and loss, trauma and PTSD, trust issues, fear and phobias, abuse, spiritual guidance, OCD, divorce, infidelity, sexual orientation, life changes/goal setting.

741 North 1st Street
Wausau, WI 54403

Phone: (715) 675-3458
Fax: (715) 675-7238

Mental Health Specialist:
Areas of Expertise:

Amy Kluetz, MS, LPC
Counsels individuals, couples, & families; serving clients age 8 through the elderly.

Mental Health Specialist:
Areas of Expertise:

Curtis Mallow, SAC
Works with groups and individuals transitioning out of corrections, into the department of corrections, and into the community.

Mental Health Specialist:
Area of Expertise:

John “LJ” Booth, M.F.T, LMFT
IFS, narrative therapy, strength-based therapy, image dialogue therapy, DBT and mindfulness.

Mental Health Specialist:
Area of Expertise:

Deb Piskoty MA, LMFT, CSAC, ICS
Works with individuals, couples, and families on parenting issues, depression, anxiety, adjustment disorders, stress/anger management, trauma, life transitions, grief/loss, and substance abuse issues.

Mental Health Specialist:
Area of Expertise:

Molly S. McLaughlin, MA, LMFT, CCTP
Works with ages 5 and up on issues such as anxiety, depression, ADHD, grief and loss, PTSD, abuse issues, personal growth, healing, blended families, and family of origin issues.

Mental Health Specialist:

Steven Korzinek

Mental Health Specialist:
Areas of Expertise:

Tricia Gumz, MSW, APSW, SAC-IT
Experience working with children ages 8 and older that struggle with depression, suicide ideation/self-harm, anxiety, ADHD, and behavior issues.

Mental Health Specialist:
Areas of Expertise:

Julie Jensen, MSW, LCSW
Experience working in the Child Welfare system, as well as, providing intensive in-home family therapy, mobile crisis intervention services, counseling services to victims of crime, outpatient mental health services to children and their families, and therapeutic services to older adults experiencing depression and anxiety.

Mental Health Specialist:
Areas of Expertise:

Susie Rood, MS, LPC-IT, SAC-IT
Works with ages 10+ on mood disorders, anxiety, depression, grief/loss, trauma, PTSD, LGBTQ+ issues, transition issues, chronic pain, stress management, self-esteem issues, relationship issues, congenital/acquired disabilities, adjustment disorders, and substance abuse issues.

Mental Health Specialist:
Areas of Expertise:

Becky Pein, MS, LPC
Works with individuals, families, and groups on anxiety, depression, Attention Deficit/Hyperactivity Disorder, relationship issues, parenting concerns, LGBTQ+

issues, life transitions, abuse/trauma history, and other mental health concerns.

Mental Health Specialist:

Areas of Expertise:

Lexie Strasser, MSE, LPC-IT, SAC-IT

Works with adults, teens, and couples on depression, anxiety, substance abuse, relationship/family difficulties, grief/loss, LGBTQ+ issues, and other concerns.

Mental Health Specialist:

Areas of Expertise:

Carla Jones, MS, MSW, APSW

Works with individuals and families on depression, stress/anger management, anxiety, grief/loss, trauma, and family systems issues.

Mental Health Specialist:

Areas of Expertise:

Shawne Judnic, MS, LPC

Works with individuals, couples, groups, and families on childhood sexual abuse, anxiety, depression, Attention Deficit/Hyperactivity Disorder, PTSD, LGBT struggles, child behavioral problems, parenting issues, grief/loss, and other mental health concerns.

POINT COUNSELING CENTER

www.pointcounseling.com

1547 Strong's Ave.; Ste. D
Stevens Point, WI 54481

Phone: (715) 303-2900

Mental Health Specialist:

Areas of Expertise:

Kathryn Goel, PhD

Experience supporting individuals and families through life transitions/adjustments, anxiety, depression, trauma, and other life struggles.

Mental Health Specialist:

Areas of Expertise:

Kate Laszinski, LCSW, CSAC

Over 25 years of experience providing therapy to those with couple and relationship issues, depression, anxiety, life transitions, grief, anger management, conflict resolution, and many other mental health issues.

Mental Health Specialist:

Areas of Expertise:

Jeana Magyar, PhD

Works with adults, teens, and adolescents who desire assistance with depression, anxiety, grieving, stress-management, relationship issues, adjustment to life changes or transitions, self-esteem issues, and behavior modification.

Mental Health Specialist:

Areas of Expertise:

Megan Bednarczyk, LPC

Licensed Professional Counselor and Certified Rehabilitation Counselor.

Mental Health Specialist:

Areas of Expertise:

Harry Deets, LCSW

Enjoys working with couples. Other areas of interest include, grief and loss, depression and anxiety, stress management, faith issues, and work-related problems.

Mental Health Specialist:

Areas of Expertise:

Dan Frye, LMFT

Offers encouragement and assistance to individuals, couples, and families. Enjoys helping his clients with a wide variety of relationship and mental health issues including, anxiety, depression, parent/child relationships, and marital problems.

Mental Health Specialist:

Areas of Expertise:

Kelsey Richmond, PsyD

Works with individuals 18 and up on topics such as depression, anxiety, trauma, panic attacks, self-injury, identity and gender development, grief, building satisfying relationships and achieving valuable goals.

PROFESSIONAL SERVICES GROUP: (must be referred to by Social Services)

817 Whiting Avenue, Stevens Point, WI 54481

Phone: (715) 345-5850

Areas of Expertise:

At-risk youth.

PORTAGE COUNTY HEALTH AND HUMAN SERVICES PSYCHOLOGICAL SERVICES

<http://www.co.portage.wi.us/department/health-and-human-services>

RUTH GILFREY CENTER

817 Whiting Avenue, Stevens Point, WI, 54481

Phone: (715) 345-5350

Mental Health Specialist:

Areas of Expertise:

Bababo O. Opaneye, MD

Adult psychiatry

Mental Health Specialist:

Wagdy Khalil, MD

Mental Health Specialist:

Aimee Lehouillier, MSW, LCSW

Lisa Ruplinger, MSW, APSW

Rain Tree Wellness Counseling

<https://raintreewellness.com>

N3983 Nichols Creek Rd. Waupaca, WI 54981

Phone: (715) 412-0178

Raintree Wellness Counseling offers services relating to: Abuse, Anger Management, Anxiety, Attention Deficit Disorder, Boundaries, Codependency, Communication Skills, Depression, Divorce Prevention, Eating Disorders, Grief Issues, Mood/Anxiety Disorders, Phobias, Panic Disorders, Obsessive Compulsive Disorder, Relationship Issues, Substance Abuse, Chemical Dependency, and more.

ST. MICHAEL'S HOSPITAL IN-PATIENT TREATMENT

900 Illinois Avenue,
Stevens Point, WI 54481

Mental Health Specialist:

Phone: (715) 346-5645

Email: Laurie.Roberts@ascension.org

Laurie Roberts, Mental Health Director

ST. VINCENT DE PAUL: OUTREACH CENTER

www.stvincentsmarshfield.org/pages/outreach-services.php

149 N. Central Ave
Marshfield, WI 54449

Mental Health Specialist:

Phone: (715) 387-0395

Email: svdpoutreach@frontier.com

Richard W. Pike, MSW (Tuesdays only)

THEDACARE BEHAVIORAL HEALTH

902 Riverside Drive, Waupaca, WI, 54981

Mental Health Specialists:

Phone: (920) 720-2300

Melissa Habech, LCSW

Laura Adams-Burkley, LCSW-SAC

Christopher Kuhn, LCSW

Michelle Hastings, LPC

THE CENTER FOR WELL BEING INC. www.centreforwellbeing.net

Phone: (715) 848-5022

901 N 6th Street, Wausau, WI 54403

310 N Brown St., Rhinelander, WI 54501

Mental Health Specialists: William Schmelzer, PhD

LPC Amy Abel, MSW, LCSW

Noreen Salzman, MSW, LCSW

Julette Higuera, MSW, LCSW

Michelle Gleason, MSW, LCSW

Melissa Skryzpchak, MSW, LCSW, SASA

Charity Nikoley, MS, LPC

Rachael Splinter, MA, LPC

Teresa Kuczmariski, MS, LPC

Sandra Fuller-Burton, MS, LPC

Tracey Gusman, MA, LPC, SAC

Jennifer Starkey, MA LMFT

Amie Leonoff, MS, MFT, LMFT

Crystal Wuethrich, MS, MFT-IT

607 Cedar Street, Merrill, WI 54452

4601 Camp Phillips Rd., Schofield, WI 54476

David MacIntyre, Psy.D.,

Alicia Resch, MSW, APSW

Kaelee Engelman, MSW, APSW

Samantha Wimmer, MSW, APSW

Greg Kresse, MSW, LCSW, SAC

Amy Ostrem, MS, LPC

Hailey Monk, MSE, LPC

Charity Nikolay MS, LPC

Tracy Springer, MS, LPC, SAC, CS-IT

Evelyn Lee, MS, LPC, SAC

Miranda Babl, MS, LPC-IT

Denise Sauter, MA LPC-IT

Ryan Jacobson, MA, LMFT

Jennifer Hearn, MS, LPC, SAC

Jacquelyn Van Laarhoven, MS, LPC-IT

THE CARING TREE

2804 Rib Mountain Dr. Suite D
Wausau, WI 54401

Phone: (715) 870-0667

Mental Health Specialist:

Areas of Expertise:

Danica Oldenburg, LPC-IT

PTSD, anxiety, and life transitions.

Mental Health Specialist:

Areas of Expertise:

Debra Gudgeon, LPC

Intensive trauma therapy.

Mental Health Specialist:

Areas of Expertise:

Brittany Polacek, LPC-IT, NCC

Play therapy, family therapy, children and families.

Mental Health Specialist:

Areas of Expertise:

Megan Sheahan, LPC-IT

Children and adolescents play therapy, cognitive behavioral therapy, positive psychology, depression, anxiety, trauma, and self-esteem issues.

Mental Health Specialist:

Areas of Expertise:

Trena Loomans, LPC, NCC, MSAT

Trauma care, mood disorders, and mental health assessment.

Mental Health Specialist:

Areas of Expertise:

Lynda Broschardt, LPC-IT

Youth, mentoring, 1:1, art, play, aroma therapy, anxiety, depression, life transitions, and supporting families.

Mental Health Specialist:

Areas of Expertise:

Michaela Gilles, LPC-IT

Play therapy, Adlerian therapy, CBT

601 E. 3rd Street, Marshfield, WI, 54449

Phone: (715) 384-0080.

Mental Health Specialist:

Areas of Expertise:

Patricia K. Faber, MSW, LCSW

Works with ages 14+ on anxiety, depression, trauma, grief, adjustment, relationship issues, marriage counseling/couples therapy, mood and anxiety problems, pregnancy and postpartum struggles, and emotion dysregulation.

Mental Health Specialist:

Areas of Expertise:

Tracy L. Olson, MSW, LCSW

Knowledge of dialectical behavioral therapy. Has expertise with children ages five and up, teens, adults, couples, families, and groups.

KATHERINE HAMILTON WRIGHT, PhD

2600 Rib Mountain Dr, Suite 102, Wausau, WI 54401

www.kwrightphd.com

Phone: (715) 845-6949

Fax: (715) 848-0425

CONNIE O'HERON, PhD

2620 Stewart Avenue, Suite 318, Wausau, WI 54401

Phone: (715) 843-0803

Mental Health Specialist:

Connie O'Heron, PhD, Clinical and Consulting Psychologist

SHANNON SCHAEFER, PhD

3600 Stewart Ave. Wausau, WI 54401

www.drshannon.net

Phone: (715) 842-9500